

ITCA (GBR) 4.2 Head Coach

The ITCA 4.2 Topper Team comprises of sailors normally aged over 10 and under 14 on the 31st December of the year in which they are selected and weighing between 33 and 45 kg. Up to 25 places will normally be offered, however, this number may vary according to the ability of competitors taking part in the indicator series (or other selection events) or if divided into North and South Teams. The intention would be to award a minimum of eight of these places to girls and eight to boys. Members of the 4.2 Team can also be members of an RYA Regional Training Group.

The ITCA (GBR) 4.2 Head Coach is responsible for:

1. Programme Planning

Delivery of the 4.2 Topper training programme, including preparing a comprehensive training plan and supervising any assistant coaches. Training is delivered through five non-residential weekends and, should numbers be sufficient for North and South Teams, training could be organised as two completely separate teams (five weekends for the North Team and five for the South), or some other combination (for example, three weekends each for North and South, with two joint weekends). After sailor selection, the programme would be finalised in discussion with the ITCA (GBR) Vice Chair (Training) and the ITCA (GBR) Committee.

2. Selection Support

The ITCA (GBR) 4.2 Team Selection Committee comprises of the ITCA (GBR) Chair, ITCA (GBR) Vice Chair (Training) and 4.2 Topper Team Head Coach, with the ITCA (GBR) Secretary to take minutes. Team places are offered according to the selection criteria given in the ITCA (GBR) Notice of Selection for Topper Teams with discretionary places available as determined by the Selection Committee.

3. Team Training Camps

The Head Coach is responsible for the delivery of 4.2 Team Training weekends, including the safety of all participants. Depending on the number of training weekends, the delivery of some could be delegated to an Assistant Head Coach. The Head Coach would be responsible for:

- identifying an Assistant Head Coach and/or Assistant Coaches, as necessary;
- booking venues with support from the ITCA (GBR) Vice Chair (Training) and/or other members of the ITCA (GBR) Committee;
- approving invoices from host venues and passing to the ITCA (GBR) Secretary for payment;
- planning the structure of the training programme in agreement with the ITCA (GBR) Vice Chair (Training);
- preparing a detailed programme / schedule for all training camps, including alternative plans for different wind conditions;
- circulating administration information to assistant coaches;
- ensuring that individual sailor's needs are addressed during the training programme;
- following ITCA (GBR) Operating Procedures and Safety Guidelines and assessing risk and local hazards at each venue;
- completing daily risk assessments before going on the water each day;
- undertaking any pre and post weekend remote coaching to ensure that sailor development continues outside of training camps;



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- engaging with parents/carers to ensure they are adequately informed regarding training plans and progress;
- contacting training venues one to two weeks prior to coaching to confirm resources are still available.

4. Professional Development

The Head Coach should ensure that their coaching effectiveness is constantly improved through relevant CPD and by pursuing other personal and professional development.

5. Professional Conduct

The Head Coach is responsible for behaving in a professional manner in keeping with their position and should follow the RYA Coaching Code of Ethics and Conduct.

Reporting

The 4.2 Head Coach reports to the ITCA (GBR) Vice Chair (Training).

Support Resources

The Head Coach can be provided with an ITCA (GBR) VHF radio, if required; class ribs may also be available at some venues.

Qualifications

The Head Coach must hold the following qualifications which must remain valid and in date for the duration of the 4.2 training programme:

- Appropriate RYA Coaching Qualifications (a minimum of RYA Racing Coach Level 2)
- RYA Powerboat Level 2
- First Aid Certificate (including Hypothermia)
- RYA Safe & Fun
- VHF Certificate

Experience

The Head Coach must have previous experience of Topper coaching, preferably 4.2s, and ideally will have been involved in coaching an ITCA (GBR) or RYA squad.

Benefits

The fee for the ITCA (GBR) 4.2 Head Coach will be discussed at interview and will be in line with current RYA coach fees; taking into account the number of days required to deliver the role, including for administrative tasks. The appointment would be on a year-by-year contract.